

2011 RECIPIENTS OF THE LONG DISTANCE POSTAL SERIES

EACH PARTICIPANT COMPETED IN THE USMS NATIONAL LONG DISTANCE CHAMPIONSHIPS IN THE FOLLOWING 5 EVENTS:
ONE HOUR POSTAL, 5000 METER POSTAL, 10,000 METER POSTAL, 3000 YARD POSTAL, 6000 YARD POSTAL

WOMEN

MEN

18-24	Mary	Holman	GSC	35-39	Michael	Thiry	IM
25-29	Sara	Holman	GSC	40-44	Kurt	Dickson	ARIZ
25-29	Amy	Charley	VMST	40-44	Peter	Hepburn	IM
				40-44	Daniel	Zimmerman	IM
35-39	Kristi	Lee	SAWS	40-44	Robert	Clayton	SAWS
35-39	Anicia	Criscione	OREG	40-44	Eduardo	Cruz	CMS
				40-44	Sean	McClean	MOO
40-44	Elizabeth	Kooy	IM				
40-44	Ines	Lein	IM	45-49	Jeff	Erwin	SAWS
40-44	Dawn	Elder	MOST	45-49	Darrin	Lajoie	OREG
40-44	Gloria	O'Connor	CMS	45-49	Seth	Hoff	IM
40-44	Ruth	Giles-Ott	IM	45-49	Craig	Kercher	MOST
40-44	Flavia	Zappa	SPM	45-49	Keith	Nelson	SPM
40-44	Kim	Oerkfitz	MOST				
				50-54	David	Sebastian	IM
45-49	Victoria	Rian	INDY	50-54	James	Biles	WMAC
45-49	Nicole	Vanderpoel	CMS	50-54	Chris	Layton	IM
45-49	Heidi	Kafka	IM	50-54	Frank	Wuest	NEM
45-49	Marcia	Cleveland	IM	50-54	Joe	Aumiller	MICH
45-49	Dawn	Clark	SPM	50-54	Ken	Gersbach	SPM
45-49	Karen	Matson	OREG				
45-49	Katherine	Kardok	NEM	55-59	Timothy	Kennedy	SPM
45-49	Lynne	Lasser	IM	55-59	Larry	Wood	TXLA
45-49	Allison	LaField	MOST	55-59	William	Reeves	SALT
45-49	Roberta	Varela-Hein	MOST	55-59	Frank	Thompson	MICH
				55-59	Robert	Richardson	OREG
50-54	Denise	Brown	MICH	55-59	Allen	Larson	OREG
50-54	Mary	Sweat	OREG	55-59	Todd	Erickson	MOST
50-54	Melissa	Harasz	SPM	55-59	Floyd	Fisk	SAWS
50-54	Joni	Young	OREG	55-59	Michael	Quinn	PVMA
50-54	Paula	Moores	SAWS				
				60-64	Jim	Mc Conica	VCM
55-59	Linda	Callaway	MOST	60-64	Bob	Bruce	OREG
				60-64	Michael	Carew	OREG
60-64	Shirley	Loftus-Charley	VMST				
60-64	Jill	Wright	SAWS	65-69	Larry	Raffaelli	VCM
60-64	Carol	Stark	OREG				
				70-74	Ralph	Mohr	OREG
65-69	Ann	Svenson	ADMS				

women	32
men	32
total swimmers	64